



What is the Weekender?

The Weekender is a new, confidential health service for young people situated in the heart of Leicester.

What services does the Weekender offer?

The Weekender provides free advice and free treatment for a wide range of health and lifestyle issues that affect young people living in and around Leicester.

Come to us for advice and treatment for:

- Sexual health and disease prevention
- Sexuality
- Relationships and Self esteem
- Smoking
- Drugs
- Alcohol
- Healthy eating
- Immunisation
- Weight management
- Physical health
- Mental health
- Delaying early sex
- Contraception
- Pregnancy, termination and adoption
- General Health issues

Why use the Weekender?

We understand the issues you are facing and will make you feel at ease. We are not here to judge or point fingers.

If you have a concern about your health or wellbeing, don't waste time worrying, come down to the Weekender and talk to one of our Advisors. If your doctor isn't open or if you would just prefer to talk to someone in a more confidential setting we will be happy to welcome you at the Weekender.

How do I arrange to come to the Weekender?

If you are aged 13-25 years you can just drop in and see us. No appointment is needed. However, if you have any questions or would like to book a particular time to see us then feel free to call us on 0116 204 7249

What are your opening hours?

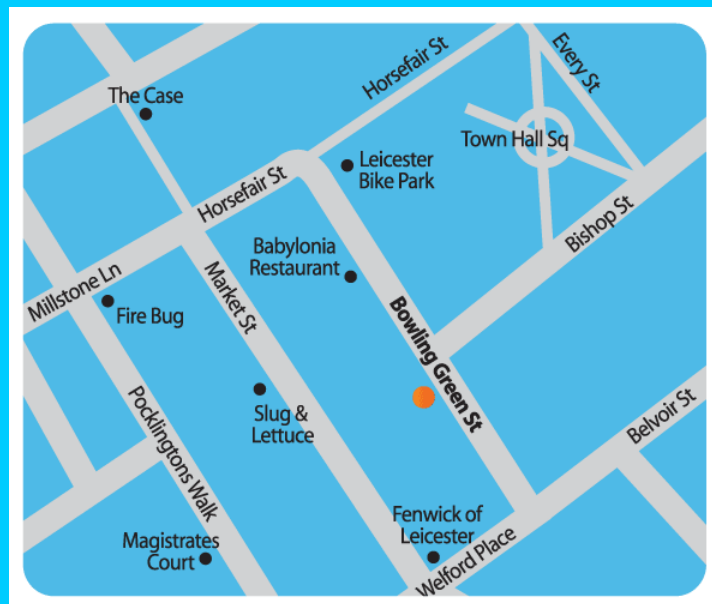
The Weekender is open at the following times:

- Friday 3pm-8pm
- Saturday 11am-4pm
- We are open on bank holidays 11am-4pm

How do I find you?

The Weekender service operates from the 2nd floor of Bowling Green Street Health Centre, Bowling Green Street, Leicester LE1 6AS. We are located in the same building as the GP Surgery and the NHS Dentist.

You'll find us right next to Fenwicks department store (Bowling Green Street is adjacent to the popular Market Street)



About the Weekender

This service is funded by NHS Leicester City, the operating name of Leicester City Primary Care Trust. Supported by www.hey-babe.co.uk